

SNAP MENU

236-6345

MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOTE: MENU ITEMS ARE SUBJECT TO CHANGE				
6 Chicken & Dumplings Green Peas with Red Peppers Greens Cornbread Ambrosia Cup	7 Chili Verde with Pork Fluffy Rice Green Beans Tortilla Mixed Berry Parfait	1 BBQ Beef on a Bun Baked Steak Fries Pineapple Coleslaw Wheat Roll Cherry Cobbler	2 Hawaiian Chicken Fluffy Rice Lemon Broccoli Hawaiian Dinner Roll Pumpkin Cookie	3 Roast Turkey Squash Casserole Carrots with Lemon & Parsley Wheat Bread Orange Bavarian Gelatin
13 Braised Pork Chop Candied Sweet Potatoes Cauliflower Wheat Roll Cherry Fluff	14 Lasagna Buttered Corn Italian Vegetables Wheat Roll Snickerdoodle Cookie	8 Chicken A La Orange Green Peas Spiced Carrots Romanine Salad Wheat Bread Fruited Cherry Gelatin	9 Meatloaf with Brown Gravy Mashed Potatoes Squash Medley Wheat Bread Banana Pudding with Wafers	10 Beef Enchiladas Spanish Rice Seasoned Pinto Beans Tossed Salad Mango Chunks
20 CLOSED FOR PRESIDENT'S DAY Boxed Meals for Home Delivery on 03/16/2023	21 Chicken Parmesan Pasta with Sauce Steamed Broccoli Garlic Bread Sidekick Ice Fruit Cup	15 Pork Roast Sauteed Potatoes & Onions Spinach Cornbread Frosted Spice Cake	16 Chicken Fajitas Pinto Beans Salsa Mexican Corn Fresh Apples	17 Stuffed Cabbage Casserole Mashed Potatoes Green Beans Wheat Roll Rosy Pears
27 BBQ Chicken Breast Mashed Potatoes with Cream Gravy Green Beans Wheat Bread Chunky Fruit Medley	28 Beef Stir Fry with Broccoli Rice Pilaf Oriental Vegetables Wheat Bread Orange Zephyr Whip	22 Beef Stew Carrots Wheat Roll Hot Spiced Apples	23 Smothered Pork Tips Rice Pilaf Italian Green Beans Wheat Roll Pumpkin Spice Blondies	24 Crunchy Baked Fish Butter Beans Greens Cornbread Fresh Fruit Cup
	29 Pulled Pork on a Bun Baked Beans Herbed Corn Onion Slices Fresh Oranges	30 Crunchy Fish Savory Carrots Wheat Bread Apple Brown Betty	31 Beef Tips with Gravy Egg Noodles Spinach Wheat Bread Vanilla Berry Pudding	

SNAP ACTIVITIES

236-6345

MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOTE: GAME ROOM OPEN DAILY FROM 8:00 TO 4:00 FOR CARDS, DOMINOS, POOL				
6 National Oreo Day – Oreo Games Exercise @ 12:30	7 National Be Heard Day – Everyone Be Loud Matter of Balance 2:00 – 4:00	8 Blood Pressure Clinic @ 12:30 Exercise @ 12:30	9 Balloon Basketball & Games @ 12:30 Matter of Balance 2:00 – 4:00	10 Sweetwater JC's 65 th Rattlesnake Roundup Time changes Saturday night. Exercise @ 12:30
13 Plant A Seed Exercise @ 12:30	14 Country Rose @ 10:30 National Potato Chip Day	15 Bingo @ 10:30 Exercise @ 12:30	16 Corn Dog Day	17 St. Patrick's Day – Wear something green. Green Punch @ Lunch Games @ 12:30
20 Celebrate Spring – First Day of Spring Exercise @ 12:30	21 Sally McCluskey and Sue Brazelton – Colorectal Cancer Awareness All Things French Day: French Bread Day Moustache Day	22 National Goof Off Day Blood Pressure Clinic @ 12:30 Exercise will follow Blood Pressure Clinic	23 Popcorn Day	24 FREE DAY – Daily participants choose an activity Exercise @ 12:30
27 Speed Game Exercise @ 12:30	28	29 National Vietnam Veteran Day Bingo @ 10:30 Exercise @ 12:30	30 Take A Walk in the Park Day	31 Birthday Party @ 12:30 Exercise @ 12:30
March is: Colorectal Cancer Awareness Month National Nutrition Month National Kidney Month				